

Summary of Benefits and Coverage: What this Plan Covers & What it Costs


This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan documents at www.HealthReformPlanSBC.com or by calling the toll free number on your ID card for existing members or 1-888-982-3862 for prospective members.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	For each Calendar Year, In-network: Individual \$5,000 / Family \$10,000 ; Out-of-network: Individual \$8,000 / Family \$16,000 . Does not apply to preventive care in-network.	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Yes, In-network: Individual \$5,000 / Family \$10,000 ; Out-of-network: Individual \$8,000 / Family None	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, penalties for failure to obtain pre-authorization for services and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers?	Yes. For a list of in-network providers , see www.aetna.com or call 1-888-982-3862.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist .	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan document for additional information about excluded services .

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 50% would be \$500. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **copayments**, and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-Of-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	No charge, after deductible	50% coinsurance after deductible	None
	Specialist visit	No charge, after deductible	50% coinsurance after deductible	None
	Other practitioner office visit	No charge, after deductible	50% coinsurance after deductible	Coverage for Spinal Manipulation Therapy is limited to \$1,500 per calendar year.
	Preventive care /screening /immunization	No charge	50% coinsurance after deductible	Age and frequency schedules may apply.
If you have a test	Diagnostic test (x-ray, blood work)	No charge, after deductible	50% coinsurance after deductible	None
	Imaging (CT/PET scans, MRIs)	No charge, after deductible	50% coinsurance after deductible	None

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider		Your Cost If You Use an Out-Of-Network Provider	Limitations & Exceptions
If you need prescription drugs to treat your illness or condition More information about prescription drug coverage is available at www.express-scripts.com	Generic drugs	*For preventive and maintenance drugs: \$15 copay for 30 day retail or \$30 copay for 90 day retail or mail order		Not covered	*In-Network Providers: all other Generic, Preferred brand, and Non-preferred brand prescription drugs at no charge, after deductible
	Preferred brand drugs	*For preventive and maintenance drugs: \$30 copay for 30 day retail or \$60 copay for 90 day retail or mail order		Not covered	
	Non-preferred brand drugs	*For preventive and maintenance drugs: \$45 copay for 30 day retail or \$90 copay for 90 day retail or mail order		Not covered	
	Specialty drugs	*For preventive and maintenance drugs: \$45 copay for 30 day retail or \$90 copay for 90 day retail or mail order		Not covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge, after deductible	50% coinsurance after deductible	None	
	Physician/surgeon fees	No charge, after deductible	50% coinsurance after deductible	None	
If you need immediate medical attention	Emergency room services	No charge, after deductible	No charge, after deductible	Non-emergency use is not covered.	
	Emergency medical transportation	No charge, after deductible	50% coinsurance after deductible	None	
	Urgent care	No charge, after deductible	50% coinsurance after deductible	Non-urgent use is not covered.	
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge, after deductible	50% coinsurance after deductible	Pre-authorization required for out-of-network care. Benefits will be reduced by \$300 if pre-authorization is not obtained.	
	Physician/surgeon fees	No charge, after deductible	50% coinsurance after deductible	None	

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-Of-Network Provider	Limitations & Exceptions
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	No charge, after deductible	50% coinsurance after deductible	———— None ————
	Mental/Behavioral health inpatient services	No charge, after deductible	50% coinsurance after deductible	Pre-authorization required for out-of-network care. Benefits will be reduced by \$300 if pre-authorization is not obtained.
	Substance use disorder outpatient services	No charge, after deductible	50% coinsurance after deductible	———— None ————
	Substance use disorder inpatient services	No charge, after deductible	50% coinsurance after deductible	Pre-authorization required for out-of-network care. Benefits will be reduced by \$300 if pre-authorization is not obtained.
If you are pregnant	Prenatal and postnatal care	Prenatal: No charge; Postnatal: No charge, after deductible	50% coinsurance after deductible	———— None ————
	Delivery and all inpatient services	No charge, after deductible	50% coinsurance after deductible	———— None ————

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-Of-Network Provider	Limitations & Exceptions
If you need help recovering or have other special health needs	Home health care	No charge, after deductible	50% coinsurance after deductible	Coverage is limited to 60 visits per calendar year. Pre-authorization required for out-of-network care. Benefits will be reduced by \$300 if pre-authorization is not obtained.
	Rehabilitation services	No charge, after deductible	50% coinsurance after deductible	Coverage is limited to 60 visits per calendar year for Physical, Occupational, and Speech Therapy combined.
	Habilitation services	Not covered	Not covered	Not covered
	Skilled nursing care	No charge, after deductible	50% coinsurance after deductible	Coverage is limited to 60 days per calendar year. Pre-authorization required for out-of-network care. Benefits will be reduced by \$300 if pre-authorization is not obtained.
	Durable medical equipment	No charge, after deductible	50% coinsurance after deductible	————— None —————
	Hospice service	No charge, after deductible	50% coinsurance after deductible	Pre-authorization required for out-of-network care. Benefits will be reduced by \$300 if pre-authorization is not obtained.
If your child needs dental or eye care	Eye exam	Not covered	Not covered	Not covered.
	Glasses	Not covered	Not covered	Not covered.
	Dental check-up	Not covered	Not covered	Not covered

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services .)		
<ul style="list-style-type: none"> • Acupuncture • Cosmetic surgery • Dental care • Glasses 	<ul style="list-style-type: none"> • Hearing aids • Long-term care • Non-emergency care when traveling outside the U.S. 	<ul style="list-style-type: none"> • Routine eye care • Routine foot care • Weight loss programs • Habilitation services
Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)		
<ul style="list-style-type: none"> • Bariatric surgery • Prescription drugs • Chiropractic care - coverage is limited to \$1,500 per calendar year 	<ul style="list-style-type: none"> • Infertility treatment - coverage is limited to treatment and diagnosis of underlying medical condition 	<ul style="list-style-type: none"> • Private-duty nursing - coverage is limited to 70 8-hour shifts per calendar year

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-888-982-3862. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

- If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Aetna at 1-888-982-3862, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.
- Additionally, a consumer assistance program can help you file an appeal. Contact information is at <http://www.aetna.com/individuals-families-health-insurance/member-guidelines/complaints-grievances-appeals.html>.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

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Language Access Services:

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-982-3862.
Dinek'ehgo shika at'ohwol ninisingo, kwijjigo holne' 1-888-982-3862.


如果需要中文的帮助，请拨打这个号码 1-888-982-3862。
Para obtener asistencia en Español, llame al 1-888-982-3862.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

Coverage Examples

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby
(normal delivery)

- **Amount owed to providers:** \$7,540
- **Plan pays:** \$2,370
- **Patient pays:** \$5,170

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40

Total	\$7,540
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Patient pays:

Deductibles	\$5,000
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$170

Total	\$5,170
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Managing type 2 diabetes
(routine maintenance of
a well-controlled condition)

- **Amount owed to providers:** \$5,400
- **Plan pays:** \$50
- **Patient pays:** \$5,350

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100

Total	\$5,400
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Patient pays:

Deductibles	\$2,420
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$2,930

Total	\$5,350
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Note: Your plan may have both **copays** and **coinsurance** for covered services; if so, these examples use **copays** only. Your costs may be higher.

Coverage Examples

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✗No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✗No. Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.